



Dish Category: Primary

Dish Sub Category: All Sub Categories

Outlet: All Outlets

Dish Name	Cereals Containing Gluten			Other Nuts	Fish	Crustaceans (shellfish)	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites	Suitable for Vegetarians	Suitable for Vegans	GM Foods
	Eggs	Peanuts															
All Day Breakfast	Yes	No	No	No	No	No	No	No	No	No	No	No	No	Yes	-	-	No
All Day Breakfast - Chicken Sausage	Yes	No	No	No	No	No	No	No	No	No	No	No	No	Yes	-	-	No
Apple & Wild Berry Oaty Crumble and Custard	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	No
Apple and Sultana Sponge with Custard	Yes	Yes	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	No
Apple Flapjack	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	-	-	-
Apple Pancakes	Yes	Yes	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Apple Pie & Custard	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	No
Baked Bananas with Honey	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Baked Bean and Cheese Wrap	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	No
Baked Rice Pudding with Berry Compote	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	No
Baked Tuna Omelette	-	Yes	-	-	-	-	-	-	-	Yes	-	-	-	-	-	-	-
Banana Muffin	Yes	Yes	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Banoffee Cheesecake	Yes	Maybe	No	No	No	No	No	Yes	No	Yes	No	No	No	No	-	-	-
Banoffee Upside Down Cake	Yes	Yes	No	No	No	No	No	Yes	No	Yes	No	No	No	No	-	-	-
Basil & Tomato Penne Pasta	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Basil Infused Penne Pasta	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Battered Fish and Chips	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	-	-	No
Bean & Vegetable Chilli with Wholegrain Rice	Maybe	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Bean & Vegetable Chilli with Wholegrain Rice	Maybe	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Beef and Potato Pie with Minty Mushy Peas	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-
Beef and Potato Pie with Mushy Peas	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-
Beef Bolognese with Wholemeal Pasta	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-
Beef Bolognese with Wholemeal Pasta - H	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	-	-	-
Beef Burger in a Bun with Homemade	Yes	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No	-
Beef Burger in a Bun with Homemade	Yes	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	-	-	-
Beef Burger in a Bun with Oven Baked	Yes	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No	-
Beef Burger in a Bun with Oven Baked	Yes	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	-	-	-
Beef Country Stew with Dumplings and Crusty	Yes	Maybe	No	No	No	No	No	Maybe	No	Maybe	No	No	No	No	No	No	-
Beef Stew	Yes	Maybe	No	No	No	No	No	Maybe	No	Maybe	No	No	No	No	No	No	-
Beef Stew - H	Yes	Maybe	No	No	No	No	No	Maybe	No	Maybe	Yes	No	No	No	-	-	-
Berry and Jelly Chill	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	No
Berry Cheesecake	Yes	Maybe	No	No	No	No	No	Maybe	No	Yes	No	No	No	No	-	-	No
Bread and Orange Pudding with Custard	Yes	Yes	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Broccoli & Cauliflower Cheese Crumble	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Bubble & Squeak and Beans	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	-	-	-
Butternut Squash, Red Pepper and Lentil	Maybe	No	No	No	No	No	No	No	No	Yes	Yes	No	No	Yes	-	-	-
Carrot Cake	Yes	Yes	No	No	No	No	No	No	No	Maybe	No	No	No	No	-	-	-



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Dish Name	Cereals Containing Gluten		Eggs	Peanuts	Other Nuts	Fish	Crustaceans (shellfish)	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeries		Mustard	Sulphites	Suitable for Vegetarians	Suitable for Vegans	GM Foods
	Yes	Maybe										Yes	Yes					
Carrot Cake Muffin	Yes	Yes	No	No	No	No	No	No	No	Maybe	No	No	No	No	-	-	-	
Carrot Muffin	Yes	Yes	No	No	No	No	No	No	No	Maybe	No	No	No	No	-	-	-	
Cauliflower Cheese	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-	
Cheese & Tomato Pinwheel	Yes	Maybe	No	No	No	No	No	Maybe	No	Yes	Yes	No	No	Yes	-	-	-	
Cheese & Tomato Quiche with Oven Baked	Yes	Yes	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-	
Cheese and Potato Pie with Baked Beans	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-	
Cheese and Tomato Bake with Potatoes	Maybe	Yes	-	-	-	-	-	-	-	Yes	-	-	-	-	-	-	-	
Cheese and Tomato Pinwheel and Baked	Yes	Maybe	No	No	No	No	No	Maybe	No	Yes	Yes	No	No	Yes	-	-	-	
Cheese and Tomato Pinwheel and Chips	Yes	Maybe	No	No	No	No	No	Maybe	No	Yes	Yes	No	No	Yes	-	-	-	
Cheese, Leek and Potato Bake with Baked	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-	
Cheesy Chicken Pasta Bake	Yes	No	No	No	No	No	No	No	No	Yes	Yes	No	No	Yes	No	No	-	
Cheesy Vegetable and Tomato Pasta Bake	Yes	No	No	No	No	No	No	No	No	Yes	Yes	No	No	Yes	-	-	-	
Cheesy Vegetable Pasta	Yes	No	No	No	No	No	No	No	No	Yes	Yes	No	No	Yes	-	-	-	
Chicken and Roasted Vegetable Pasta Bake	Yes	No	No	No	No	No	No	No	No	Yes	Yes	No	No	Yes	-	-	-	
Chicken and Roasted Vegetable Pasta Bake H	Yes	No	No	No	No	No	No	No	No	Yes	Yes	No	No	Yes	-	-	-	
Chicken Biryani	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-	
Chicken Curry with Wholegrain Rice	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	-	
Chicken Curry with Wholegrain Rice	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	-	
Chicken Curry with Wholegrain Rice - H	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	-	
Chicken Fajitas with Tomato Salsa & Nachos	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-	
Chicken in a White Sauce with Wholegrain	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-	
Chicken in a White Sauce with Wholegrain	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	-	
Chicken Noodles	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-	
Chicken Noodles	Yes	Yes	No	No	No	No	No	Yes	No	No	Yes	No	No	No	-	-	-	
Chicken Noodles - H	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-	
Chicken Sausage and Mash with Gravy	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	Yes	-	-	-	
Chicken Wrap	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-	
Chickpea Burger and Chips	Yes	Yes	No	No	No	No	No	No	Maybe	No	No	No	Yes	No	-	-	-	
Chilli con Carne and Chips	Maybe	-	-	-	-	-	-	-	-	-	-	-	-	-	No	No	-	
Chilli con Carne with Oven Baked Wedges	Maybe	-	-	-	-	-	-	-	-	-	-	-	-	-	No	No	-	
Chilli con Carne with Oven Baked Wedges - H	Maybe	-	-	-	-	-	-	-	-	-	-	-	-	-	No	No	-	
Chilli con Carne with Wholegrain Rice	Maybe	-	-	-	-	-	-	-	-	-	-	-	-	-	No	No	-	
Chilli con Carne with Wholegrain Rice - H	Maybe	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Chinese Chicken with Stir Fried Vegetables	Yes	Yes	Maybe	Maybe	No	No	No	Yes	No	No	Yes	No	Yes	No	-	-	-	
Chinese Quorn and Egg Fried Rice	Yes	Yes	No	No	No	No	No	Yes	No	No	Yes	No	No	Yes	-	-	-	
Chips - for fryer	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-	-	No	
Chocolate and Beetroot Brownie	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	-	-	-	



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Dish Name	Cereals Containing Gluten				Fish	Crustaceans (shellfish)	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites	Suitable for Vegetarians	Suitable for Vegans	GM Foods
	Eggs	Peanuts	Other Nuts														
Chocolate Brownie Surprise	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	-	-	-
Chocolate Crunch	Yes	Yes	No	No	No	No	No	No	No	Maybe	No	No	No	No	-	-	No
Chocolate Krispie	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	-	-	No
Chocolate Pudding with Chocolate Sauce	Yes	Yes	No	No	No	No	No	No	No	Maybe	No	No	No	No	-	-	No
Chocolate Shortbread with Fruit Slices	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	-	-	-
Chocolate Sponge with Chocolate Sauce	Yes	Yes	No	No	No	No	No	No	No	Maybe	No	No	No	No	-	-	No
Classic Eton Mess and Shortbread biscuit	Yes	Yes	No	No	No	No	No	Yes	No	Yes	No	No	No	No	-	-	-
Coconut Baked Rice Pudding	No	No	No	No	No	No	No	No	No	Yes	No	No	No	Yes	-	-	No
Coconut Baked Rice Pudding with Jam	No	No	No	No	No	No	No	No	No	Yes	No	No	No	Yes	-	-	No
Cod and Roasted Vegetables	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	-	-	-
Cod Fishcake and Cheesy Chive Mash	Yes	No	No	No	Yes	No	No	No	No	Yes	No	No	Yes	No	-	-	-
Cod in Cheese Sauce with New Potatoes	Yes	No	No	No	Yes	No	No	No	No	Yes	No	No	No	No	-	-	-
Cottage Pie & Gravy	No	No	No	No	No	No	No	No	No	No	Yes	No	No	Yes	No	No	-
Cottage Pie and Gravy	No	No	No	No	No	No	No	No	No	No	Yes	No	No	Yes	No	No	-
Creamy Carbonara with Cheesy Ciabatta	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	-
Creamy Carbonara with wholemeal pasta	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	-
Creamy Carbonara with wholemeal pasta	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	-
Crispy Batter Fish Fillet with Chunky Chips	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	-	-	No
Curried Vegetable Plait	Yes	Yes	Maybe	Maybe	No	No	No	No	No	No	No	No	Yes	No	-	-	-
Curried Vegetable Plait	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	-	-	-
Custard Biscuit with Fruit Slices	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	-	-	-
Eton Mess	No	Yes	No	No	No	No	No	Yes	No	Yes	No	No	No	No	-	-	-
Feta and Beetroot Burger with chargrilled corn	Yes	Yes	No	No	No	No	No	No	Maybe	Yes	No	No	No	No	-	-	-
Fish and Roasted Vegetables	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	-	-	-
Fish Finger Sandwich	Yes	Yes	No	No	Yes	No	No	Maybe	No	Maybe	No	No	Yes	No	-	-	-
Fish Finger Wrap	Yes	Yes	No	No	Yes	No	No	No	No	No	No	No	Yes	No	-	-	-
Fish Finger Wrap with Oven Baked Wedges	Yes	Yes	No	No	Yes	No	No	No	No	No	No	No	Yes	No	-	-	-
Fish Fingers and Chips	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	-	-	No
Fish Fingers and Chips	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	-	-	No
fish fingers chips & Beans	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Fishcake & Chips & Tomato Sauce	Yes	No	No	No	Yes	No	No	No	No	Yes	No	No	Yes	No	-	-	No
Fishcake with Potato Wedges & Tomato	Yes	No	No	No	Yes	No	No	No	No	Yes	No	No	Yes	No	-	-	-
Fisherman's Pie	Yes	No	No	No	Yes	No	No	No	No	Yes	No	No	No	No	-	-	-
Forest Fruit Cheesecake	Yes	Maybe	No	No	No	No	No	Maybe	No	Yes	No	No	No	No	-	-	No
Fresh Fruit Salad and Ice Cream	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Fruit Crumble and Custard	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	No
Fruit Flapjack	Yes	No	No	No	No	No	No	No	No	No	No	No	No	Yes	-	-	-



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Fruit Jelly and Ice Cream	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	No
Fruit Tart	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-	-	No
Fruit Tart with Vanilla Custard	Yes	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	No
Fruit Trifle	Yes	Yes	-	-	-	-	-	Maybe	Maybe	Yes	-	-	-	-	-	-	-	-
Fruity Ice Cream Sundae	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Fruity Jelly Mousse	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	No
Ginger Sponge with Custard	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Homemade Fishcake with Chips	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	-	-	-
Homemade Turkey Burger in a Bun	Yes	Yes	No	No	Yes	No	No	Yes	Yes	Yes	No	No	No	No	No	No	No	-
Homemade Vegetable Burger with Chips and	Yes	-	-	-	-	-	-	-	Yes	-	-	-	-	-	-	-	-	-
Homemade Vegetable Burger with oven	Yes	-	-	-	-	-	-	-	Yes	-	-	-	-	-	-	-	-	-
Honey Roast Gammon with Parsley Sauce and	Yes	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	-
Honey Roast Gammon with Parsley Sauce and	Yes	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	-
Iced Fruit Sponge	Yes	Yes	No	No	No	No	No	No	No	No	Maybe	No	No	No	No	-	-	No
Jam Roly Poly with Custard	Yes	Maybe	No	No	No	No	No	Maybe	No	No	Yes	No	No	No	No	-	-	No
Jamaican Chicken with Rice & Peas	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No	No	-
Jumbo Fishcake & Chunky Chips	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	-	-	-
Key Lime Pie	Yes	No	No	No	No	No	No	Maybe	No	No	Yes	No	No	No	No	-	-	-
Lamb Mince Curry with Wholemeal Rice	Maybe	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-
Lasagne	Yes	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	-
Lasagne	Yes	No	No	No	No	No	No	No	No	No	Yes	Yes	No	No	Yes	No	No	-
Lasagne - H	Yes	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	-
Lasagne - H	Yes	No	No	No	No	No	No	No	No	No	Yes	Yes	No	No	Yes	No	No	-
Leek and Courgette Crumble with Baby	Yes	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Lemon Sponge	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Loaded Fishy Potato Skins	Yes	No	No	No	Yes	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Macaroni Cheese	Yes	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	No
Macaroni Cheese with Herby Bread	Yes	No	No	No	No	No	No	Maybe	No	No	Yes	No	No	No	No	-	-	No
Mango and Lime Glazed Pork with Garlic	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-
Marmalade Bread Pudding with Custard	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Meatballs in Tomato Sauce and Wholemeal	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	Yes	No	No	-
Meatballs in Tomato Sauce and Wholemeal	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	Yes	No	No	-
Minced Beef and Onion Slice with Mash	Yes	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	-
Minced Beef and Onion Slice with Mash H	Yes	No	No	No	No	No	No	No	No	No	Yes	Yes	No	No	No	-	-	-
Mushroom and Leek Risotto with Salad	No	No	No	No	No	No	No	No	No	No	Yes	Yes	No	No	No	-	-	-
Orange & Cranberry Cupcake	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Pancakes with Apple Sauce	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-



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	Yes	No																
Peach and Apple Crumble & Custard	Yes	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	No
Pizza Day Base	Yes	Maybe	No	No	No	No	No	No	Maybe	No	Yes	Yes	No	No	Yes	-	-	-
Pumpkin Bar	Yes	Yes	No	No	No	No	No	No	No	No	Maybe	No	No	No	No	-	-	-
Pumpkin Lasagne	Yes	Maybe	No	No	No	No	No	No	Maybe	No	Yes	Yes	No	No	No	-	-	-
Quorn Bolognese with Herb Bread	Yes	No	No	No	No	No	No	No	Yes	No	Maybe	No	No	Yes	Yes	-	-	-
Quorn Dog with chips and tomato sauce	Yes	Yes	No	No	No	No	No	No	No	Maybe	Yes	No	No	No	No	-	-	No
Quorn Paella	Yes	Yes	No	No	No	No	No	No	Yes	No	No	Yes	No	Yes	No	-	-	-
Quorn Roast with Gravy and Potatoes	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Quorn Roast with Gravy and Potatoes	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Quorn Sausage and Mash with Gravy	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Quorn Sausage Toad in the Hole, Onion Gravy	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Roast Beef, Yorkshire Pudding & Roast	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	-
Roast Chicken, Stuffing, Gravy and Potatoes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-
Roast Chicken, Stuffing, Gravy and Potatoes H	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-
Roast Chicken, Stuffing, Gravy and Potatoes H	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-
Roast Gammon with Gravy and Potatoes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-
Roast Gammon with Pineapple & Baked	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-
Roast Gammon with Pineapple, Gravy and	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-
Roast Lamb with Gravy & Potatoes H	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-	-	-
Roast Lamb with Gravy and Potatoes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-
Roast Pork with Apple Sauce, Gravy and	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-
Roast Pork with Apple Sauce, Gravy and	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-
Roast Turkey and Roast Potatoes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-
Roast Turkey, Potatoes and Gravy - H	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-	-	-
Roast Turkey, Stuffing, Gravy and Potatoes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-
Roast Turkey, Stuffing, Gravy and Potatoes H	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-	-	-
Roast Turkey, Stuffing, Root Vegetable Mash	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-
Roasted Red Pepper Lasagne with a Crunchy	Yes	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Roasted Vegetable Omelette	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Roasted Vegetable Omelette with Chips	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Roasted Vegetable Omelette with Oven Baked	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Roasted Vegetable Pasta Bake	Yes	No	No	No	No	No	No	No	No	No	Yes	Yes	No	No	Yes	-	-	-
Roasted Vegetable, and Bean Chilli with	Maybe	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Salmon & Tomato Ketchup Fishcakes	Yes	Yes	No	No	Yes	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Salmon and Mediterranean Roasted	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Salmon Fish Finger Wrap	Yes	Yes	No	No	Yes	No	No	No	No	No	No	No	No	Yes	No	-	-	-
Salmon Fish Fingers and Chips	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	-	-	No



Dish Category: Primary

Dish Sub Category: All Sub Categories

Outlet: All Outlets

Dish Name	Cereals Containing Gluten				Fish	Crustaceans (shellfish)	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites	Suitable for Vegetarians	Suitable for Vegans	GM Foods
	Eggs	Peanuts	Other Nuts														
Salmon Fish Fingers and Wedges	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	-	-	-
Sausage and Mash with Gravy	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	Yes	-	-	-
Shepherdess Hotpot and Gravy	Yes	No	No	No	No	No	No	Yes	No	No	No	No	No	No	-	-	-
Shepherdess Pie	Yes	No	No	No	No	No	No	Yes	No	No	No	No	Yes	Yes	-	-	-
Shepherd's Pie and Gravy H	No	No	No	No	No	No	No	No	No	Yes	Yes	No	No	Yes	No	No	-
Shortbread Biscuit with Fruit Slices	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	-	-	-
Shortbread Biscuit with Fruit Slices	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	-	-	-
Spaghetti Bolognese with Garlic Bread	Yes	No	No	No	No	No	No	Maybe	No	Maybe	No	No	No	No	No	No	-
Spaghetti Bolognese with Wholemeal Pasta	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-
Spaghetti Bolognese with Wholemeal Pasta H	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	-	-	-
Steamed Ginger Sponge with Custard	Yes	Yes	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Steamed Lemon Pudding with Lemon Drizzle	Yes	Yes	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Steamed Lemon Sponge with Lemon Drizzle	Yes	Yes	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Sticky Toffee & Banana Pudding	Yes	Yes	No	No	No	No	No	Maybe	No	Yes	No	No	No	Yes	-	-	-
Strawberry Mousse	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	No
Sultana & Oat Cookie with Fruit Slices	Yes	Yes	No	No	No	No	No	No	No	Maybe	No	No	No	No	-	-	-
Sultana and Oat Cookie	Yes	Yes	No	No	No	No	No	No	No	Maybe	No	No	No	No	-	-	No
Sweet & Sour Pork with Wholegrain Rice	-	-	-	-	-	-	-	-	-	-	-	-	-	-	No	No	-
Sweet & Sour Vegetables	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	-	-	-
Sweet and Sour Chicken with Wholegrain Rice	-	-	-	-	-	-	-	Yes	-	-	Yes	-	-	-	-	-	-
Sweet Potato & Chickpea Curry Primary	No	No	No	No	No	No	No	Maybe	No	Yes	No	No	No	No	-	No	-
Sweet Potato and Chickpea Curry with	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Sweet Potato and Chickpea Curry with	No	No	No	No	No	No	No	Maybe	No	Yes	No	No	No	No	-	-	-
Sweet Potato, Vegetable & Lentil Roast and	Yes	Yes	No	No	No	No	No	No	No	Yes	Yes	No	No	Yes	-	-	-
TEST - Roast Beef, Yorkshire Pudding, Roast	No	Yes	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	-
Toffee Apple Crumble and Custard	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	No
Toffee Sponge & Custard	Yes	Yes	No	No	No	No	No	Yes	No	Yes	No	No	No	No	-	-	No
Tomato and Cheese Tart with Salad	Yes	Yes	No	No	No	No	No	Maybe	No	Yes	No	No	No	No	-	-	-
Treacle Tart with Custard	Yes	Yes	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Tuna and Sweetcorn Pasta Bake	Yes	No	No	No	Yes	No	No	No	No	Yes	No	No	No	No	-	-	-
Tuna and Sweetcorn Plait	Yes	Yes	No	No	Yes	No	No	No	No	Yes	No	No	No	No	-	-	-
Tuna Jacket	No	Yes	No	No	Yes	No	No	No	No	No	No	No	Yes	No	-	-	-
Tuna Melt	Yes	Yes	-	-	-	-	-	-	Maybe	Yes	-	-	Yes	-	-	-	-
Tuna Pasta Bake	Yes	No	No	No	Yes	No	No	No	No	Yes	No	No	No	No	-	-	-
Turkey Bolognese	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	-
Turkey Curry with Wholegrain Rice	No	No	No	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	-
Turkey Lasagne	Yes	No	No	No	No	No	No	No	No	Yes	Yes	No	No	Yes	No	No	-



Dish Category: Primary

Dish Sub Category: All Sub Categories

Outlet: All Outlets

Dish Name	Cereals Containing Gluten	Eggs	Peanuts	Other Nuts	Fish	Crustaceans (shellfish)	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeraic	Lupin	Mustard	Sulphites	Suitable for Vegetarians	Suitable for Vegans	GM Foods
Vegetable & Bean Quesadilla	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Vegetable & Bean Wrap	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Vegetable & Bean Wrap	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Vegetable Curry	Maybe	No	No	No	No	No	No	No	No	Yes	Yes	No	No	Yes	-	-	-
Vegetable Enchiladas with Sour Cream and	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Vegetarian All Day Breakfast	Yes	Yes	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	No
Vegetarian Frankfurter and Chunky Chips	Yes	No	No	No	No	No	No	Yes	Maybe	No	Yes	No	Yes	No	-	-	No
Vegetarian Lasagne	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	-
Vegetarian Moussaka	Yes	No	No	No	No	No	No	Yes	No	Yes	No	No	Yes	Yes	-	-	-
Veggie Bean Chilli with wholemeal rice	Maybe	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Veggie Bolognese with Wholemeal Pasta	Yes	No	No	No	No	No	No	Yes	No	No	No	No	No	No	-	-	-
Veggie Bolognese with Wholemeal Pasta	Yes	No	No	No	No	No	No	Yes	No	No	No	No	No	No	-	-	-
Veggie Frankfurter with oven baked wedges	Yes	No	No	No	No	No	No	Yes	Maybe	No	Yes	No	Yes	No	-	-	-
Veggie Hotdog	Yes	No	No	No	No	No	No	Yes	Maybe	No	Yes	No	Yes	No	-	-	No
Veggie Lasagne	Yes	No	No	No	No	No	No	Yes	No	Yes	Yes	No	No	Yes	-	-	-
Veggie Moussaka	Yes	No	No	No	No	No	No	Yes	No	Yes	No	No	Yes	Yes	-	-	-
Veggie Noodles	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	-	-	-
Veggie Noodles	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	-	-	-
Veggie Stir-fry	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	-	-	-
Victoria Muffin	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	-	-	No
Winter Berry Sponge	Yes	Yes	No	No	No	No	No	No	No	Yes	No	No	No	No	-	-	No
Winter Fruit Cheesecake	Yes	Maybe	No	No	No	No	No	Maybe	No	Yes	No	No	No	No	-	-	No



Dish Category: Primary

Dish Sub Category: All Sub Categories

Outlet: All Outlets

Key	Description
Yes	Dish contains allergen
Maybe	Dish may contain allergen
No	Dish does not contain allergen
-	No information available