



## **WHITTINGTON C.E. PRIMARY SCHOOL**

### **Sex and Relationship Education Policy**

**Adopted by the Governing Body: 18<sup>th</sup> June 2015**

## **Sex and Relationship Education Policy**

Our Health Education course aims to develop an understanding in the children of their own bodies, how they function, grow and develop; how to take care of themselves and their bodies and to gain an understanding of what is meant by a healthy lifestyle.

- Sex Education in the early years and key stage 1 concentrates on the process of growing and developing physically and emotionally.
- In key stage 2 specific areas of study include puberty, menstruation and an elementary understanding of human reproduction. Parents may, if they wish, withdraw their children from sex education lessons. If this is their wish they should inform the Head Teacher accordingly. (School Handbook for Parents).
- Year 6 pupils undertake lessons covering specific sex education matters:
  - General personal hygiene.
  - How their bodies will be growing and developing differently.
  - How babies are born.

The class teacher presents these sessions through the use of videos and photographs as well as discussion.

Health Education is dealt with within the National Curriculum for Science with specific details available within the Science schemes of work.

Children would not normally be withdrawn from areas of the National Curriculum for Science which touched on these matters.

### **Relationships**

A key element of the school ethos is to foster, encourage and demonstrate positive relationships between all the members of the Whittington Church of England Primary School community. Our ethos at Whittington CE Primary School is to understand and accept difference and this extends to accepting that positive relationships exist in a range of forms irrespective of race, sexual orientation, disability etc. We teach the children that positive relationships are based on mutual respect, honesty and trust. Good relationships at Whittington are maintained through:

- A culture of positive communication being at the heart of our community.
- Relationship issues being dealt with promptly with a satisfactory conclusion being reached through positive dialogue.
- Circle time and assemblies encouraging positive relationships and being used to resolve relationship issues.
- Good communication between staff, pupils, parents and the wider community being maintained through a variety of means including face to face contact, telephone calls and electronic communication such as emails, website and parent mail.