

w/c 7th October, 28th October, 18th November, 9th December, 30th December, 20th January, 10th February

WEEK ONE

MONDAY Authentic Italian

TUESDAY Family Faves

WEDNESDAY Baking British

THURSDAY Food Festival

FRIDAY Fun Day

Main
Event

Cheese and Tomato Pasta Bake v

Wholewheat penne with the ultimate tomato sauce topped with cheese

All Day Breakfast ▲

Grilled Halal chicken sausage, egg, beans, tomato and hash brown

Roast Chicken and Gravy with Mash ▲

Halal chicken fillets with mash, stuffing and gravy

Chicken Curry and Rice ▲

Marinated Halal chicken thigh pieces in a buttery curry sauce with rice

Salmon Fish Fingers and Chips

MSC salmon fish fingers with chips and peas

Vegetarian
Section

Quorn Meatballs and Spaghetti v

Quorn meatballs in a tasty tomato sauce with wholewheat spaghetti

Veggie All Day Breakfast v

Veggie sausage, egg, beans, tomato and hash brown

Quorn Roast and Gravy with Mash v

Quorn roast with mash, sage and onion stuffing and gravy

Cauliflower and Lentil Jalfrezi and Rice v

Lightly spiced cauliflower and lentil curry with rice

Cheese and Bean Wrap and Chips v

Half a wholewheat wrap stuffed with baked beans and cheese

Jacket Potatoes

Jacket Potato with Toppings ◆

Italian Crumble Cake

Crumble base filled with apples topped with even more crumble

Winter Sponge

Orange and cinnamon sponge with a twist!

Fruity Loaf

Mixed dried fruit cake with soft brown sugar and cinnamon

New York Cheesecake

Baked cheesecake with fruit topping

Lemon Cookie

Zesty lemon cookie with juicy fruit

The Finale

THEME
DAYS

Trip to
France

Italian Day
Out

Try our
Scottish
Menu

We offer seasonal
vegetables, bread,
yoghurt and
fruit daily.
(allergy information
is available)

w/c 14th October, 4th November, 25th November, 16th December, 6th January, 27th January, 17th February

WEEK TWO

MONDAY Authentic Italian

Cheese and Tomato Pizza

Pizza topped with tomato sauce and cheese

TUESDAY Family Faves

Beef Lasagne

Layers of pasta with Halal minced beef and tomato sauce topped with cheese

WEDNESDAY Baking British

Sausage with Mash

Halal chicken sausage with mash and gravy

THURSDAY Food Festival

Chicken Fajitas

Marinated Halal chicken with sliced vegetables, rice and a wheat wrap

FRIDAY Fun Day

Golden Fish Fingers and Chips

MSC pollock fish fingers with chips

Main Event

Tomato and Roasted Veggie Risotto

Roasted peppers, courgettes and tomatoes with edamame beans and rice

Vegetable Lasagne

Layers of pasta with vegetables and tomato sauce topped with cheese

Quorn Sausage with Mash

Quorn sausage with Mash and gravy

Quorn Fajitas

Marinated Quorn with sliced vegetables, rice and a wheat wrap

Sticky Onion and Cheddar Quiche and Chips

Wholemeal pastry with a caramelised onion and cheddar filling.

Vegetarian
Section

Jacket Potatoes

Jacket Potato with Toppings

Tiramisu

Soft cheese and cream layers with sponge and cocoa

Winter Fruit Brulee

Dessert pot with berries, cream and yoghurt with a crunchy topping

Apple and Berry Crumble

Baked apples and berries topped with an oatly crumble

Mexican Chocolate Pudding

Chocolate and cinnamon flavoured sponge and sauce..

Ginger Cookie and Fruit Slices

Ginger Cookie with juicy fruit

The Finale

THEME
DAYS

Fairytale
Festival

Chinese New
Year

Pancake
Day

We offer seasonal
vegetables, bread,
yoghurt and
fruit daily.
(allergy information
is available)

w/c 21st October, 11th November, 2nd December, 23rd December, 13th January, 3rd February, 24th February

WEEK THREE

MONDAY Authentic Italian

TUESDAY Family Faves

WEDNESDAY Baking British

THURSDAY Food Festival

FRIDAY Fun Day

Main
Event

Macaroni Cheese

Baked cheesy pasta with a crunchy topping

Minced Beef Pie

Minced Halal beef and carrot pie with gravy and mash

Roast Chicken and Gravy with Roast Potatoes

Halal chicken fillets with roast potatoes, sage and onion stuffing and gravy

Hot Dog and BBQ Beans

Halal Chicken sausage in a roll with BBQ flavoured beans

Golden Fish Fingers and Chips

MSC pollock fish fingers with chips

Vegetarian
Section

Quorn Bolognese

Quorn, vegetable and tomato sauce with wholewheat spaghetti

Crispy Topped Vegetarian Pie

Crunchy vegetables in sauce with sliced potato topping

Quorn Roast and Gravy with Roast Potatoes

Quorn Roast with Roast potatoes, sage and onion stuffing and gravy

Veggie Dog and BBQ Beans

Veggie sausage in a roll with BBQ flavoured beans

Cheese & Tomato Pinwheel with Chips

Baked bread base with cheese and tomato filling with chips

Jacket Potatoes

Jacket Potato with Toppings

Lemon Drizzle Flapjack

Oaty flapjack topped with a lemon drizzle

Sticky Ginger Cake

Traditional sticky ginger sponge with custard.

Fruity Rice Pudding

Chilled rice pudding with caramelised pineapple

Vanilla and Blueberry Blondie

Chewy, fruity traybake with vanilla and blueberries

Oaty Energy Cookie

Oat Cookie with juicy fruit

The Finale

THEME
DAYS

Trip to
Wales

Best of
British

And lots
more ...

We offer seasonal
vegetables, bread,
yoghurt and
fruit daily.
(allergy information
is available)